Exercise

# Teach One Thing with a Lesson

In a previous lesson, I asked you to consider how a course you were building would take shape if you were restricted to 5, 10, or 15 lessons of material.

Given what we covered in this lesson - specifically, the importance of focusing on one topic per lesson - let's revisit your course outline.

If you thought your ideal course length would be 10 lessons, for example, is that still true?

Examine each lesson more closely and consider:

* Can the topic be covered in **5 minutes or less**?
* Is the topic **too complex or detailed** to cover within one lesson? Would splitting into two make more sense?
* Are any topics **too simple**? Could multiple topics be combined into one lesson to simplify the experience?
* Do any topics seem **out of scope or irrelevant** to the main topic or process being taught by the course? Should those topics or lessons be removed?

Review your course outline and make adjustments as needed.

*Please note: There are NO strict guidelines for how you should build lessons except for the ones you or your company enforce. For example, some companies prefer lessons closer to 2 or 3 minutes, others like 10 minutes. If you can cover a topic sufficiently within a given time, you are doing your job correctly. In any case, provide proper examples and active learning activities to achieve your teaching goals.*